

HELPFUL CONTACTS



MENTAL HEALTH	ORGANISATION / AGENCY	CONTACT
	CYMHS (Child & Youth Mental Health Service)	Keperra: 07 3335 8888 Nundah: 07 3146 2693 Pine Rivers: 07 3817 6380
	CYMHS – Extended Hours Service	07 3636 9027
	CYMHS – Acute Response Team	07 3068 2555
	headspace	Caboolture: 07 5428 1599 Nundah: 07 3370 3900 Redcliffe: 07 3897 1897 Taringa: 07 3157 1555
	Lifeline – Crisis support & suicide prevention	131 114
	Child & Family Well-being Program	07 3170 4600
	Beyond Blue	1300 22 4636
	Metro Mental Health	1300 64 2255