

HELPFUL CONTACTS



NEED TO TALK NOW	ORGANISATION / AGENCY	CONTACT
	Kids Helpline (5-25yrs, 24hrs)	1800 55 1800
	Child Safety After Hours (24hrs)	1800 177 135
	13 Health (24hrs)	13 43 25 84
	Lifeline (24hrs)	13 11 14
	DV Connect	Women's line (24hrs): 1800 811 811 Men's line (9am-12am): 1800 600 636
	1800 Respect (24hrs)	1800 737 732